



FitWorld Competition Tanning, Hair, Makeup FAQ

Where are the tanning, hair and makeup services performed?

All services are performed in a conference room next door or near where the mandatory athlete meeting is at. Check the NPC or UFE site for address to host hotel.

What about Saturday morning touch up's?

Saturday morning additional coats and touch up times will be given to you at your appointment on Friday. If you have hair/makeup, we will schedule your tan time around that.

How many coats will I need?

The number of coats needed depends on your skin type, elasticity, moisture level, and current base tan level. The darkness of your tan also depends on what division you are competing in. Bikini and Physique competitors need to be a bit lighter than figure and bodybuilding athletes. We will spray you as many times as needed to get you the desired color.

What if I need touch up's?

Tan touch ups are included in FitWorld's Competition tanning service for the entire show day.

What about backstage help and services?

FitWorld's Team will be backstage all day providing tan touch up's, additional coats, Bikini Bite, Glaze, Glitter and anything else you may need!

What should I bring for show day?

It is best to be prepared for anything!

We recommend bringing extra pins and needle and thread in case of suit mishaps, baby wipes, translucent powder, lipstick and gloss and flip flops.

What should I bring to my tan, hair and makeup appointment?

Please arrive 10 minutes early to your appointment so we can take care of payment.

Bring Pictures to show your hair & makeup artists

Hair extensions if you are wearing them

Undergarments (if male) that you want to get tanned in.

Will my tan stain my clothing?

The solution will launder out of most fabrics, although we do not guarantee that. Please wear old clothing, or clothing you are not afraid of getting stained.

What should I bring to the host hotel?

If you are staying overnight at any hotel after being tanned, in order to not get charged for your tan getting onto sheets or towels, please bring your own dark colored sheets and dark colored towels.

How long will the tan last?

Certain factors can affect the longevity of your tan. Depending on the type of your skin, the frequency of showering and how many sweaty activities you typically partake in, your tan can last from 1-2 weeks.